## **HEALTH AND WELFARE**



## **GB07** Annual hand-arm vibration questionnaire

Health surveillance questionnaire for workers using hand-held vibrating tools, hand-guided vibrating machines and hand-fed vibrating machines.

Company name	•			Project title			
Location				Contract no.			
Date							
Employee name							
Occupation							
Address							
Date of birth							
Date of previous screening							
Employer name	)						
	-	-	vibrating tools, machines or hand-fed processes in your job, ast assessment? (detail work history overleaf)				No
If 'No' or more than two years since last exposure, please return the form – there is no need to answer any further questions							
If 'Yes'							
	any numbness o ng equipment?	tingling of the fingers lasting more than 20 minutes after			Yes	No	
2. Do you have numbness or tingling of the fingers at any other time?						Yes	No
3. Do you wake at night with pain, tingling or numbness in your hand or wrist?						Yes	No
4. Have any of your fingers gone white* on cold exposure?						Yes	No
5. Have you noticed any change in your response to your tolerance of working outdoors in the cold?						Yes	No
6. Are you experiencing any other problems in your hands or arms?						Yes	No
7. Do you have difficulty in picking up small objects (for example, screws or buttons) or opening tight jars?						Yes	No
8. Has anything changed about your health since the last assessment?						Yes	No
* Whiteness means a clear discolouration of the fingers with a sharp edge, usually followed by a red flush							
Occupational history							
Date		Job title					
I certify that all the answers given above are true to the best of my knowledge and belief.							
Name		Position		Signature		Date	
<b>Return to</b> (prepopulate (below) the name of a responsible person identified within the company to handle questionnaires and any referrals)							

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